Postgraduate Institute for Medicine
Professional Excellence in Medical Education

PARTICIPANT HANDOUT REQUIREMENTS

Front Cover

- Orthopedics 2026
- Release Date: September 15, 2026
  Expiration Date: September 15, 2028
  Estimated time to complete activity: 10.75 hours
- https://www.pimed.com/
- Jointly provided by Postgraduate Institute for Medicine and Skin, Bones, Hearts & Private Parts (a subsidiary of Dillehay Management Group).
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Target Audience

This activity is intended for physicians, physician assistants, and nurse practitioners caring for patients in a primary and specialty care setting.

Educational Objectives

After completing this activity, the participant should be better able to:

- Apply new and emerging therapy options for several different body systems and treatment modalities
- Discuss a variety of topics in a concentrated effort that maximizes clinician's time and provider needs
- Review strategies to help busy clinicians utilize their time with patients more effectively
- Use new clinical guidelines to effectively treat patients.

Faculty

Sarah Bolander, DMSc, PA-C, DFAAPA
Vanessa Smith, PA-C

Joint Accreditation Statement

JOINTLY ACCREDITED PROVIDER™
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, this activity has been planned and implemented by the Postgraduate Institute for Medicine and Skin, Bones, Hearts & Private Parts. Postgraduate Institute for Medicine is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Physicians Continuing Education
Postgraduate Institute for Medicine designates this enduring activity for a maximum of 10.75 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Continuing Nursing Education
The maximum number of hours awarded for this Continuing Nursing Education activity is 10.75 contact hours.
Designated for 0 contact hours of pharmacotherapy credit for Advance Practice Registered Nurses

Physician Assistants Education
The Postgraduate Institute for Medicine has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 10.75 AAPA Category 1 CME credits. Approval is valid until September 15, 2028. PAs should only claim credit commensurate with the extent of their participation.

Disclosure of Conflicts of Interest
Postgraduate Institute for Medicine (PIM) requires faculty, planners, and others in control of educational content to disclose all their financial relationships with ineligible companies. All identified conflicts of interest (COI) are thoroughly vetted and mitigated according to PIM policy. PIM is committed to providing its learners with high quality accredited continuing education activities and related materials that promote improvements or quality in healthcare and not a specific proprietary business interest of an ineligible company.

Faculty

- Sarah Bolander, DMSc, PA-C, DFAAPA
  Has nothing to disclose.

- Vanessa Smith, PA-C
  Has nothing to disclose.

Planners and Managers
The PIM planners and managers have nothing to disclose. The Skin, Bones, Hearts & Private Parts planners, and managers have nothing to disclose.

Disclosure of Unlabeled Use
This educational activity may contain discussion of published and/or investigational uses of agents that are not indicated by the FDA. The planners of this activity do not recommend the use of any agent outside of the labeled indications. The opinions expressed in the educational activity are those of the faculty and do not necessarily

represent the views of the planners. Please refer to the official prescribing information for each product for discussion of approved indications, contraindications, and warnings.

Disclaimer
Participants have an implied responsibility to use the newly acquired information to enhance patient outcomes and their own professional development. The information presented in this activity is not meant to serve as a guideline for patient management. Any procedures, medications, or other courses of diagnosis or treatment discussed or suggested in this activity should not be used by clinicians without evaluation of their patient's conditions and possible contraindications and/or dangers in use, review of any applicable manufacturer's product information, and comparison with recommendations of other authorities.

Request for Credit

We support green CME by offering your request for CME/CE credit online. In order to obtain your CME/CE certificate, please follow the steps below at the conclusion of the meeting:

1. Go to www.cmeuniversity.com
2. Register or Login (will take less than 1 minute)
3. Type in **19655** at the top of the page, "Find Post-Test/Evaluation by Course", click enter
4. Select the course topic that you have viewed. Please note that you will only be able to claim credit for this topic once, so please ensure you have completed all sessions before requesting credit.
5. Choose the type of credit you would like
6. Complete online Evaluation
7. Receive an immediate CME Certificate to download and/or print for your files

If you have any questions regarding the CME certification for this activity, please contact Postgraduate Institute for Medicine at: inquiries@pimed.com or (303) 799-1930.

Media
Internet

Computer System Requirements
We recommend using the following browsers and versions on Windows 7 or later or macOS Sierra (10.12.6) or later:

- Chrome 30+ (has automatic updates)
- Firefox 27+ (has automatic updates) *
- Microsoft Edge
- Safari 9+

*H.264 video (required for viewing Vimeo videos) is only supported in Firefox for Windows 7 and later. Firefox versions on Windows XP are no longer supported for playback.