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### January 2025

#### New Year, New Locations!

The dawn of a new year is always a great time to take stock and put new plans into place to make the year the best it can be, and we at Skin, Bones, Hearts & Private Parts are committed to making 2025 another year of exceptional CME in destination locations. In fact, we're rolling out THREE new locations this year – to make things a little more interesting *and* because you told us in our most recent survey that you love our speakers, pace, layout, full-day topics, and destination locations ... but you also shared some additional favorites!

So in the spirit of "we asked, we listened," get ready for three fun new locales:

[Read more >](#)



#### A Living Legend: Loretta C. Ford

Maybe you know Loretta C. Ford as a pioneer who launched the nurse practitioner (NP) movement. Maybe you heard she's the American nurse who co-founded the first NP program at the University of Colorado in 1965 with pediatrician Henry Silver. No matter how you may have run across her name, Dr. Ford – who recently celebrated her 104<sup>th</sup> birthday – is a true living legend.



[Read more >](#)



**Barbara (Barb) Dehn, NP**

#### Speaker Spotlight

Barbara (Barb) Dehn, MS, NP, is a Women's Health Nurse Practitioner, a television health expert, a 2025 CME Conference speaker for Skin, Bones, Hearts & Private Parts, and an expert resource you won't want to miss. Known as "Nurse Barb," she was most recently featured on the [Today Show](#), where she shared health and wellness tips to kick off the new year, covering topics as widely ranging as heart health, gut health, dental and vision care.

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#### Ultimate Giveaway Winners Enjoy CME Medical Education on Us!

Congratulations to our 2024 Ultimate Giveaway winners! By purchasing a Skin, Bones, Hearts & Private Parts CME course – including In-person, Virtual or On-demand – during the month of December 2024, these lucky practitioners were automatically entered into our CME Ultimate Giveaway, and the following individuals came away with our top three prizes:

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